



October 2022

Please bring your proof of being fully vaccinated against Covid19 for indoor programming

Mon	Tues	Wed	Thu	Fri
3 Preschool 8:15-12:00 EEL 8:30-10:00 Crawlers/Waddlers/ Toddlers 10-12:00	4 Family Supper 4:00-7:00 at the Ethan Allen Homestead	5 Dad's Drop-in 9:30-12:30 Early Months 10:30-12:00 Computer Literacy 4:30-6:30	6 Family Play @ 9:00-12:00 Dad's Drop-in 1:00-4:00 Computer Literacy 4:30-6:30	7 Preschool Open House 10-11:00 Computer Literacy 10-12:00 Postpartum Playgroup 10:30-12:00
10 Preschool 8:15-12:00 EEL 8:30-10:00 Crawlers/Waddlers/ Toddlers 10-12:00 Supergroup 4:30-6:30	11 Clinic 9-5 Mom's Support Group 10-11:30 Parents In Recovery 1:30-2:30 Dads Night 4:00- 7:00	12 Dad's Drop-in 9:30-12:30 Early Months 10:30-12:00 Computer Literacy 4:30-6:30	13 Computer Literacy 4:30-6:30 Closed for Professional Development Training	14 Computer Literacy 10-12:00 Closed for Professional Development Training
17 Preschool 8:15-12:00 EEL 8:30-10:00 Crawlers/Waddlers/ Toddlers 10-12:00	18 Clinic 9-5 Mom's Support Group 9:45-11:45 Parents of Teens Group 1:00-2:30 Parents In Recovery 1:30-2:30 Dads Night 4:00- 7:00	19 Dad's Drop-in 9:30-12:30 Early Months 10:30-12:00 Computer Literacy 4:30-6:30	20 Family Play @ 9:00-12:00 Dad's Drop-in 1:00-4:00 Computer Literacy 4:30-6:30	21 Preschool 8:15-12:00 EEL 8:30-11 Computer Literacy 10-12:00 Postpartum Playgroup 10:30-12:00
24 Preschool 8:15-12:00 EEL 8:30-10:00 Crawlers/Waddlers/ Toddlers 10-12:00 Supergroup 4:30-6:30	25 Clinic 9-5 Mom's Support Group 9:45-11:45 Parents In Recovery 1:30-2:30 Dads Night 4:00- 7:00	26 Dad's Drop-in 9:30-12:30 Strong Families 9:45-11:45 Early Months 10:30-12:00 Computer Literacy 4:30-6:30	27 Family Play 9:00-12:00 (Legal Clinic 10-12) Dad's Drop-in 1-4:00 Computer Literacy 4:30-6:30	28 Preschool 8:15-12:00 EEL 8:30-11 Postpartum Playgroup 10:30-12:00 Computer Literacy 10-12:00
31 Preschool 8:15-12:00 EEL 8:30-10:00 Crawlers/Waddlers/ Toddlers 10-12:00	1 Clinic 9-5 Mom's Support Group 9:45-11:45 Parents In Recovery 1:30-2:30 Dads Night 4:00- 7:00	2 Dad's Drop-in 9:30-12:30 Strong Families 9:45-11:45 Early Months 10:30-12:00 Computer Literacy 4:30-6:30	3 Family Play @ garden 9:00-12:00 Dad's Drop-in 1-4:00 Computer Literacy 4:30-6:30	4 Preschool 8:15-12:00 EEL 8:30-11 Postpartum Playgroup 10:30-12:00 Computer Literacy 10-12:00

For complete program descriptions and locations, visit thefamilyroomvt.org or email Jackie@thefamilyroomvt.org. Call us at 802-862-2121

Drop-in Programs

Crawlers, Waddlers and Toddlers

Drop-In: Mondays 10:00-11:30
A playgroup for children 0-36 months and their caregivers.

Dads Night (FACT)

Drop-in: Tuesdays 4:00-7:00
Playgroup and dinner for dads and their kids.

Family Play at the Garden

Drop-in: 9-12
Come to the Ethan Allen Homestead Community Gardens anytime between 9-12:00 for community building, fun learning activities for your children aged 0-5, and social connections for caregivers. Leave with a full belly and new friends. Program happens at the Family Room in incimate weather / off season.

Postpartum Playgroup

Drop-in: Fridays 10:30-12:00 am
Our time together will center around social connections, peer support, infant development and movement / breathing practices for stress reduction.
Facilitated by Dayva Savio and Emily Padua, program staff. For questions email Dayva at dayva@thefamilyroomvt.org or Emily at emily@thefamilyroomvt.org

Parents in Recovery

Drop-In: Tuesdays 1:30-2:30
A support group for parents in recovery within a playful environment
heidih@turningpointcentervt.org

Early Months (Baby Massage)

Drop-in: Wednesdays mornings
A soothing environment to learn and practice massage techniques for babies 6 weeks until they are old enough to crawl away, learn songs and lullabies, and to have post-partum discussion. Call to register for a single or multiple sessions!

Dad's Drop In

Drop-In: Wednesdays from 10-1:00,
Thursdays from 1:00-4:00
Come upstairs to room 219 for a twice-a-week, casual gathering of fathers for sharing information and building community support. Open to any and all dads.



Enrolled Programs

Building Strong Families Clinic

Enrolled: Offered By Appointment
The clinic is designed to give parents and children of immigrant families a comfortable and secure place to be their authentic selves with health care providers. The clinic also provides interpreting services and connects families to community support resources and to other parents in their neighborhood.
manisha@thefamilyroomvt.org

Super Group

Enrolled: Mondays 4-6:00 Monthly
Group holds space for connections, sharing experiences, peer support and play! This group is especially designed for families that have children with autism.
sarah@thefamilyroomvt.org

Computer Literacy

Enrolled: Wednesdays 4:30-6:30,
Thursdays, 4:30-6:30, Fridays 11-12:30
4 week computer literacy sessions.
sarah@thefamilyroomvt.org

Preschool

Enrolled: Sept - June, follows BSD calendar
A 5-star community preschool for children aged 3-5. This play-based learning community is inspired by nature and neighborhood, encourages social-emotional learning, and builds upon the strengths and curiosities of the children.

Family Support and Home Visiting

Enrolled: Offered By Appointment
Families and staff build relationships in homes or community settings as families navigate systems and challenges. Families get information on child development, receive resource and referral, access concrete supports and services, and get emotional support as needed.

Healthy Families From the Start Home Visiting

Enrolled: Offered By Appointment
Using evidence-based birth and parenting information, Healthy Families from the Start offers relationship based support and education through in-person and remote one-on-one visits and group gatherings. While partnering with other community mental health and support services, we will help to facilitate a continuum of care during the early months with a new baby.

Dads matter

Enrolled: Offered by appointment
Individualized case management to help fathers work towards goals around parenting, getting basic needs met, and navigating systems.
keegan@thefamilyroomvt.org